

## THE COURSE

- The Course will be offered in **English** and will take place with a minimum of 10 registered attendees.

It can be offered in other languages in different dates in July (**French, Spanish and Italian**) if there are at least 10 attendees.

The groups will work on theory in the morning and will practically experience the techniques in the afternoon. In order to allow this we accept a closed number of 20 participants maximum.

Dates, registration fees and information on hotels and trip on request.

Contact: [marialbertab@itff.it](mailto:marialbertab@itff.it)

- **Rodolfo de Bernart** is M.D. Psychiatrist and Psychotherapist, Founder and Director of ITFF (Institute of Family Therapy of Florence), the leading Center of a network (AITF) of 35 centers in Italy. Prof. de Bernart is Past President of SITF (Italian Society of Family Therapy), of FIAP (Italian Federation of Psychotherapies) and of EAP (European Association of Psychotherapy), founder and Past President of AIMS (International Association of Systemic Mediators), co-founder and member of the Board of EFTA-TIC (European Family Therapy Association, Training Institutes Chamber) from 2014 Member of the Board of EFTA-NFTO (National Family Therapy Organizations Chamber) and Charter and foreign member of AFTA (American Family Therapy Academy).

He is member of the editorial board of the journals: *Terapia Familiare*, *Psicobiettivo*, *Connessioni*, *Human Systems*, *International Journal of Psychotherapy*, *Redes*, *Mosaico* and editor of *Mediazione Familiare Sistemica*.

He has written more than 200 papers and chapters in books translated in many languages and four books. "Cinema e Terapia Familiare" (2011) and the Manual of FT "La Mente attraverso lo specchio" (2013 in press) are the more recent.

All the co-presenter are Ph.D. and trainers of ITFF. **C.Dobrowolski** is Director of Training at ITFF, **M.Pratelli** is Director of ITFFPiLi in Pisa and Livorno, **C.Leporatti** is Director of ITFF in Empoli, **D. Giommi** is a Jungian Psychoanalyst and **G.Belletato** is member of the Staff of ITFFe in Ferrara.



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**NEW FINAL PROGRAM**

July 7th - 12th , 2014

## A ROOM WITH A VIEW

**A Week in Florence:  
Summer Class with**

**Rodolfo de Bernart** M.D.Psych.

## Images and Implicit Relational Knowing in Psychotherapy

Family Therapy Institute of Florence



Since 1983 Rodolfo de Bernart has used non verbal techniques and images in Family, Couple and Individual Therapy and in Training.

In 1985 he gave the first workshop in Rome on Photographic Genogram and Movies in training Family Therapists. Since then he has given similar workshops in many Italian and European towns and in Asiatic Russia, China, Australia and Brazil.

In this kind of "Window Seminar" time was too short to enter deeply into details of the different techniques and to experiment them.. After having given a different kind of more experiential workshop, in Bruxelles for CEFS, in Athens for Kethea and in Barcelona, in Florence, in Toulouse and in Rodhos at EFTA TIC meetings for European trainers, , he understood that a cycle of seminars was needed, one for each technique, in which theory could be given in the first part of the day and each technique could be experimented in the second part.

From 2009 to 2013 four cycles for a total of 18 seminars were given in ITFF. They covered many subjects, with Italian and foreign speakers and with a closed number of attendees , in order to allow practical and deep experience of each technique. The speakers were the inventors of each technique: de Bernart, Pluymaekers, Rey, Weiser, Traube, Koffert, Halcola, Nunez, Vetere, Pratelli, Francini, Lorimer, Giommi, Mariotti, Leporatti, Ruggiero, Belletato and others.

Now we have decided to offer a week of full immersion in "Images and Implicit Relational Knowing in Psychotherapy" and we have chosen 6 more important and more often used techniques to start with. This week will take place in July 2014 at ITFF and will be offered in different languages: English, French, Spanish and - of course - Italian, to psychotherapist colleagues of different approaches, not only systemic and to counsellors and mediators.

The model is the same: Theory and videos of clinical application in the morning, practical experience in the afternoon. So each attendee is expected to take in some homework and shall do some activity during the course. Details will be given later.

We prefer to have a group of people attending the entire week, but if you are able to attend just one or a few workshops, please let us know and if there is room we will do what we can to accommodate you. For people coming for the week long experience we have a dinner on the evening of the day before the first workshop, where you can meet the group and a leisure program in Florence the week-end before and the Sunday after. These activities are, of course, not compulsory but strongly suggested.

# Program

**Sunday, July 6th 2014**  
**VISITING FLORENCE AND DINNER MEETING** (not compulsory)

**Monday, July 7th 2014**  
**Introduction to the week, "THE COLLAGES"**

**Rodolfo de Bernart and Daniela Giommi**

Collage is a technique used in origin by sexologists which is often used with couples, but also with individuals and groups in therapy and in training. We will experiment different uses of this technique.

The attendees shall bring one collage from home and do more collages during the workshop.

**Tuesday, July 8th 2014**  
**"THE PHOTOGRAPHIC GENOGRAM"**

**Rodolfo de Bernart and Daniela Giommi**

The PG, inspired by Bowen's Genogram , is used in training and in couple and individual therapy. It was introduced by Anderson in USA and revisited by Bleandonu in France. Later de Bernart defined precise rules which are now used in many European, Latin American, Asian and Australian centers.

Attendees will work with their own pictures brought from home and some of them will do their family genograms.

**Wednesday, July 9th 2014**

**"CONJOINT FAMILY DRAWINGS"**

**Rodolfo de Bernart and Monica Pratelli** (ITFFPiLi)

Conjoint Family Drawing was introduced in 1971 by Bing in Family Process.

Today we work more on the process of making the drawing than on the product.

We will also consider the other kind of drawings we do specially with children.

During the workshop we will also make a role-playing of an interactive session.

**Thursday, July 10th 2014**

**"OLD AND NEW SCULPTURE"**

**Rodolfo de Bernart and Cristina Dobrowolski**

Sculpting is used in family and couple therapy since many years. Created by Duhl and Kantor in USA this technique was brought around the world by Virginia Satir. In Italy it was introduced by Papp and Silverstein and developed by Andolfi, Onnis , Nicolò and de Bernart , In France and Norway by Caillé. The sculpture of the past, present and future were defined by Onnis. We will work on them and on the new "instant sculpture " which was used by Minuchin , Andolfi and others and later defined by de Bernart. We will also experiment The Dynamic Transitional Sculpture and the Shared Sculpture which were created by de Bernart.

**Friday, July 11th 2014**

**"CINEMA AND FAMILY THERAPY"**

**Rodolfo de Bernart and Giorgia Belletato** (ITFFe)

Movies are used in Family Therapy and in Training since 1983 , introduced by de Bernart.

Later many other authors introduced different clinical use of Cinema.

We will work on different movies connected with the family life cycle and experiment how they can be used in the individual , couple, family and group therapy, in working with institutions and more.

The basis is the book "Cinema e Terapia Familiare" published in Italian now in translations in other languages.

**Saturday, July 12th 2014**

**"THE TEST: IMAGES OF ART"**

**Rodolfo de Bernart and Conny Leporatti** (ITFE)

The two authors created a collection of 200 images of art by many artists and from different countries , cultures and periods. Divided in 20 categories these images can be used with individuals, couples or families as tool for diagnosis or as help in the clinical work.

The test can be used as a whole on in reduced versions (5 categories each version) suggested by the authors for different clinical or contextual situations.



Another version was later created in order to work with groups both in therapy and in training. This version includes 100 pictures divided in 10 categories.

The test is now experimented by more than 300 colleagues in many different countries and cultures, Attendees will experiment practically the two tests in the workshop, and will receive all the material to use later the test at home.

**Sunday, July 13th 2014**  
**VISITING FLORENCE AND LEISURE** (not compulsory)

**COME TO SEE FLORENCE  
and  
TO LOOK AT IMAGES WITH US!**

